

51st Annual

Iowa Conference on Perinatal Medicine

Tuesday — Thursday
March 31-April 2, 2026



West Des Moines Marriott Hotel
1250 Jordan Creek Parkway
West Des Moines, Iowa 50321

Sponsored by the Iowa Statewide Perinatal Care Program, the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the University of Iowa Health Care.

Tuesday, March 31, 2026

PRECONFERENCE WORKSHOP:

The S.T.A.B.L.E. Program

Penny Smith, BSN, RNC-NIC; Rebecca Davila, DNP, NNP-BC

8:00 am – 4:30 pm

Info to follow

PRECONFERENCE WORKSHOP:

Obstetric Patient Safety (OPS): OB Emergencies Workshop 3rd Edition

Lauren Sullivan, BSN, RNC-OB, C-EFM

Brenda Wolf, BSN, RNC-OB, C-EFM

Info to follow

Wednesday, April 1, 2026

CONFERENCE

7:00 am

REGISTRATION & BREAKFAST

8:00

WELCOME AND ANNOUNCEMENTS

8:15

Patient and Family Debriefing Following a Severe Event
Stephanie Radke, MD, MPH & Danielle Meyer

Describe the importance of debriefing with patients and the patient's support network after a severe event.

Identify strategies to ensure patients and the patient's support network are debriefed after a severe event that can be incorporated into your clinical practice.

9:15

Understanding the Extremes of Prematurity
Aunum Akhter, MD

Discuss the history of resuscitation of extremely premature infants.
Discuss the advances in resuscitation of extremely premature infants.

10:00

REFRESHMENTS & VIEW EXHIBITS

10:30

Preparing Your Patient for Maternal Transport
Andrea Greiner, MD, MHA

List indications for maternal transport to a higher level of care.
Describe how to safely prepare a pregnant patient for maternal transport.

11:00

Neonatal Transport Pearls
Samuel Wong, DO, MS

Recognize key steps in preparing a neonate for transport.
Recognize challenges in neonatal transport.

11:30

Medical Legal Pitfalls for Nurses
Cary Murphy, MD

What are the most common categories of litigation that effect nurses in newborn field?

What processes can be implemented to help decrease the chance of medical malpractice suit?

12:00 pm

LUNCH (on your own)

Wednesday, April 1, 2026

1:30

CONCURRENT SESSIONS

- 1) **Remote Blood Pressure Monitoring (Antepartum + Postpartum)**
Amy Jochims, MD; Ann Polaschek, RN, BSN
Discuss the use of a remote blood pressure monitoring system in the management of hypertension in pregnancy, antepartum and postpartum.
Describe the benefits and barriers to implementing the monitoring system.
- 2) **Phototherapy in 2026**
John Dagle, MD, PhD
Understand the indications for phototherapy in newborns.
Understand how to effectively use phototherapy while minimizing potential complications.

2:00

CONCURRENT SESSIONS

- 1) **Nurse Driven Hypertension Protocol**
Ann Polaschek, RN, BSN; Amy Jochims, MD
Describe the nurse driven hypertension protocol.
Implementation of the nurse driven hypertension protocol.
- 2) **SUID & SIDS: Research Update**
Penny Smith, BSN, RNC-NIC
Review recent advances in research related to SIDS and other causes for sleep-related infant death.
Discuss implications of research on safe sleep practices and risk-reduction strategies.

2:30

REFRESHMENTS & VIEW EXHIBITS

2:45

CONCURRENT SESSIONS

- 1) **A New Test for Preeclampsia**
Mark Santillan, MD, PhD
Understand the science of the FDA approved sFLT-1/PIGF test to predict preeclampsia.
Describe potential uses of the FDA approved sFLT-1/PIGF test to predict preeclampsia.
- 2) **Implementing Eat, Sleep, Console: From Rationale to Reality**
Lisa Koonce, BSN, DNP
Identify the key components of the ESC model and the rationale behind these components.
Explore steps and strategies for successful implementation of ESC, including how to overcome potential challenges.

3:15

CONCURRENT SESSIONS

- 1) **Case Studies in Hypertensive Disorders of Pregnancy**
Stephanie Radke, MD, MPH
Summarize the current standards of care for diagnosing and treating hypertensive disorders of pregnancy.
Apply these standards to complex patient scenarios commonly encountered in obstetrical practice.
- 2) **Neonatal HIE: A Case Study**
Penny Smith, BSN, RNC-NIC; John Dagle, MD, PhD
Describe the end-to-end patient flow of a newborn with HIE from referral hospital presentation to discharge following therapeutic hypothermia.
Understand the impact of early clinical management on outcomes in patients with HIE.

Wednesday, April 1, 2026

3:45 REFRESHMENTS & VIEW EXHIBITS

4:00 CONCURRENT SESSIONS

- 1) **Hemorrhage Skills Station: QBL, Jada, Bakri
Stephanie Radke, MD, MPH, Brenda Wolf, BSN, RNC-OB,
C-EFM**
Operationalize blood loss quantification processes in your facility and plan skills stations to improve staff confidence in performing. Demonstrate simple scenarios to practice skills with intrauterine hemorrhage control devices that facilitate leaders can replicate locally.
- 2) **Newborn Skills Station: Resuscitation
John Dagle, MD, PhD; Penny Smith, BSN-RNC-NIC, Amanda
Wagner, MSN, RNC-NIC**
*Practice hands-on skills related to insertion of LMA for ventilation of term and preterm newborns.
Practice hands-on skills related to insertion and management of an emergent UVC.*

5:00 ADJOURN

Thursday, April 2, 2026

7:15 am REGISTRATION & BREAKFAST

8:00 ANNOUNCEMENTS

8:15 **Maternal Outcomes in Periviable Pregnancies
Christopher Clark, MD**
Review and discuss maternal risks in periviable pregnancies. Describe our experience managing maternal risks in periviable pregnancies at the University of Iowa.

9:00 **Tiny Patients, Big Protection:
Vaccinations in the First Year of Life
Megan Patch, MS, PharmD, BCPS, BCIDP, BCPPS**
Discuss the CDC's recommended childhood vaccination schedule from birth to 12 months of age, reviewing the evidence-based data to support immunization practices. Review updates within the past 12 months from the Advisory Committee on Immunization Practices (ACIP) on recommended vaccination schedule.

Thursday, April 2, 2026

9:45 REFRESHMENTS & VIEW EXHIBITS

10:15 Antenatal Expression: Setting up for Success
Sabrina Martinez, MD, FAAFP, IBCLC
Describe steps for colostrum collection.
List three medical conditions which may indicate need for advanced lactation support.

11:00 Beyond the NICU: Long-Term Outcomes After Neonatal Hypoxic-Ischemic Encephalopathy
Eric Peeples, MD, PhD
Evaluate the existing evidence regarding school-age and adolescent outcomes after neonatal HIE.
Recognize gaps in our understanding of clinically-meaningful long-term outcomes for children after neonatal HIE and the tools used to measure them.

12:00 pm LUNCH (on your own)

1:30 Intrapartum Care of Patients with Diabetes
Niral Tilala, MD
Understand the impact of gestational diabetes on maternal morbidity and mortality.
Describe gestational diabetes management in the intrapartum setting, including the use of insulin.
Implement inpatient labor and delivery protocols based on ACOG/SMFM recommendations and guidelines.

2:00 Neonatal Hypoglycemia
Samuel Wong, DO, MS
Describe and explain risk factors for neonatal hypoglycemia.
Describe current guidelines for management of neonatal hypoglycemia.

2:30 It's About Time: IPQCC's Neonatal HIE Initiative
Julie Lindower, MD, MPH
Interpret examples of collective and individual center QI measures utilized in the Neonatal HIE Initiative.
Create a sustainability plan for your organization's ongoing improvement work.

3:00 CLOSING & ADJOURN

Purpose and Intended Audience

This conference is designed to provide state-of-the-art information on obstetric and newborn care practices, which is of particular importance and value to obstetric and newborn care nurses, midwives, family physicians, obstetricians, pediatricians, and allied perinatal health care professionals.

Educational Objectives (Topic-specific objectives can be found on the agenda).

After attending the conference, participants should be able to:

1. Define and demonstrate improved skills in the medical and nursing care of the normal obstetric patient and the normal newborn infant.
2. Discuss and apply recent advances in the medical and nursing care of obstetric and newborn patients with specific high-risk problems.

Continuing Education Credit



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the Iowa Statewide Perinatal Care Program. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Wednesday only: 6.25 *credit hours*

Thursday only: 4.75 *credit hours*

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 11.0 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Sponsorship

This conference is sponsored by the Statewide Perinatal Care Program, the University of Iowa Roy J. and Lucille A. Carver College of Medicine, University of Iowa Health Care, Department of Nursing and the Iowa Department of Health and Human Services.

The Conference Planning Committee

John Dagle, MD, PhD

Amy Sanborn, DNP, RN, C-EFM

Stephanie Radke, MD, MPH

Penny Smith, BSN, RNC-NIC

Rebecca Davila, DNP, NNP-BC

Brenda Wolf, BSN, RNC-OB, C-EFM

Jeff Quinlan, MD

Jill Kinnaird, Coordinator

Planning Considerations

Content considerations and the selection of speakers are the responsibilities of the Planning Committee and Conference Director. Commercial firms providing financial support did not have input into these areas.

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Guest Faculty

AMY JOCHIMS, MD
Family Practice / Obstetrician, Avera Health,
Spencer, Iowa

SABRINA MARTINEZ, MD, FAAFP, IBCLC
Family Medicine Physician / Chief of
Obstetrics
UnityPoint Clinic / Buena Vista Regional
Medical Center, Storm Lake, Iowa

DANIELLE MEYER
Maternal Near Miss Survivor

CARY MURPHY, MD
Medical Director, NICU and Director,
Neonatal Transport, MercyOne
Children's Hospital
Pediatrix Medical Group, Des Moines, Iowa

ERIC PEEPLES, MD, PhD
Associate Professor of Pediatrics,
University of Nebraska Medical Center,
Omaha, Nebraska

ANN POLASCHEK, RN, BSN
Director, Department of Obstetrics,
Spencer Hospital, Spencer, Iowa

LAUREN SULLIVAN, BSN, RNC-OB, C-EFM
Clinical Education Specialist, Maternity
Services, UnityPoint Health,
Des Moines, Iowa

NIRAL TILALA, MD
Program Director, Family Medicine
Residency, MercyOne Genesis,
Davenport, Iowa

The University of Iowa and Carver College of Medicine Faculty

AUNUM AKHTER, MD
Clinical Assistant Professor, Stead Family
Department of Pediatrics

CHRISTOPHER CLARK, MD
Clinical Assistant Professor, Department of
Obstetrics & Gynecology

REBECCA DAVILA, DNP, NNP-BC
Neonatal Nurse Practitioner, Stead Family
Department of Pediatrics

JOHN DAGLE, MD, PhD
Professor, Departments of Pediatrics &
Epidemiology
Associate Director, Statewide Perinatal Care
Program

ANDREA GREINER, MD, MHA
Clinical Professor and Vice Chair, Department
of Obstetrics & Gynecology
Division Director, Maternal-Fetal Medicine

LISA KOONCE, BSN, DNP
Neonatal Nurse Practitioner and NICU APP
Team QI Lead, Stead Family Department of
Pediatrics

JULIE LINDOWER, MD, MPH
Clinical Professor, Stead Family Department of
Pediatrics

MEGAN PATCH, MS, PharmD, BCPS, BCIDP,
BCPPS
Pediatric Clinical Pharmacist, Department of
Pharmaceutical Care

STEPHANIE RADKE, MD, MPH
Clinical Associate Professor, Department of
Obstetrics & Gynecology
Associate Director, Statewide Perinatal Care
Program

MARK SANTILLAN, MD, PhD
Professor, Department of Obstetrics &
Gynecology

PENNY SMITH, BSN, RNC-NIC
Neonatal Nurse Specialist, Statewide
Perinatal Care Program

AMANDA WAGNER, MSN, RNC-NIC
Clinical Nurse Improvement Coach,
Department of Obstetrics & Gynecology

BRENDA WOLF, BSN, RNC-OB, C-EFM
Obstetric Nurse Consultant, Statewide
Perinatal Care Program

SAMUEL WONG, DO, MS
Clinical Associate Professor, Stead Family
Department of Pediatrics

Conference Facility

A block of rooms has been reserved at the West Des Moines Marriott Hotel (**515-267-1500**). When making reservations please state that you are attending the 51st Annual Iowa Conference on Perinatal Medicine to receive the group rate. Room rates are \$136/room (not per person) plus tax, with a limit of 4 guests to a room. Rooms at this rate will be held through the end of the day, Monday, March 9, 2026.

[Book your group rate for IA Conf on Perinatal Medicine Mar 2026](#)

Directions to the West Des Moines Marriott: *The hotel is located at 1250 Jordan Creek Parkway. Take I-80 to EXIT 121 (Jordan Creek Parkway exit) and turn south onto Jordan Creek Parkway. The Marriott is located on the west side of the street a short distance from the exit.*

Registration Fees

Physician:

2 day fee - \$250 1 day fee - \$225

Nurses, *Physician Assistant, *Midwife:

2 day fee - \$195 1 day fee - \$165

*Provides certificate of attendance at an activity certified for *AMA PRA Category 1 Credit*TM.

S.T.A.B.L.E. Renewal: \$60

AWHONN OPS: \$100

Medical Students and Nursing Students (not eligible for nursing CEUs): No Fee

Registration fees include online access to all presentations, refreshment breaks, and the processing of continuing education credit. Contact Jill Kinnaird at statewideperinatal@uiowa.edu with questions.

Online Registration

Credit card (Visa, Mastercard, Discover, American Express):

<https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=81898>

*A full refund will be given if notification of cancellation is received **on or before March 30, 2026.***

NO SUBSTITUTIONS ARE PERMITTED.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Statewide Perinatal Care Program in advance at (319) 384-5258.